In this issue we explore the energy of B112, Archangel Israfel who brings the possibility of re-evaluation in the context of celebration through music and dance. If we consider the colour relationship and the first thoughts from Mike, we can see that an opportunity is being offered by Israfel to see things from a very different perspective. The Turquoise/Mid-Tone Royal Blue of B112 is the opposite way up from B33, the Dolphin bottle with which it has a strong relationship. There is a synchronicity also in the numbers whereby the 112 can be reduced as a 22 (1 + 1 = 2 next to a 2) the possibility for spiritual rebirth (return journey of the Fool). It can also be reduced to 13, (1 + 12) the letting go bottle and light into the heart (outward journey of Death in the tarot). Another way to look at 112 would be the Physical Rescue (1) with the Initiate/Hanged Man (12). The 112 comes together as a 4 and so relates to the 10 Star with the theme of Karma and Dharma, Metanoia and Light to the Heart. Whichever way we choose to look at it from the universal languages of colour and number, the possibility for re-evaluation in light of a new perspective is obvious.





It is also helpful to look at the complementary colour relationship to see what light that may shine on our understanding. The opposite of the Turquoise is Coral, the new consciousness, non-judgmental awareness and going beyond the reflection of self. As we progress on the journey of individuation (turquoise) we meet that point where we look within which offers the opportunity to see those parts of ourselves that we have denied, repressed and said no to. The way we view that seeing determines our ability to love ourselves the way we are which is also linked to our unworthiness. If we can look with kind and gentle eyes at what we see on the stage of ourselves, rather than to go into a judgement of it or have an opinion about it, we are more likely to be at ease with ourselves through our ability to let go. The coral supports us in that process, that we may offer to ourselves more of the love that we carry within which then becomes available as a resource to share with others.

The opposite of the Royal Blue is the Gold. The Gold is very significant in the Aura-Soma understanding. As colour opposites the Royal Blue relates to the 6th chakra, the third eye and the higher mind functions, clarity at the sense doors which brings the possibility for sensuality and appreciation for the majestic creation of existence. The gold relates to the incarnational star, the true aura and the memory of the experience of the first cell. Being with the star, not relating to it from above or the outside, but being in the belly, helps to illuminate all of the 7 energy centres of our being as we build the rainbow body of light within and around us. The star is the interface between the conscious and the unconscious/subconscious aspects of ourselves. This is where we find the possibility for the alchemy to come about as the karmic seeds and the conditioned patterns, which are the raw materials, may be transmuted into the gold of spiritual love and wisdom offering us a rich resource that we can access through being with the star.



The turquoise and royal blue shake together as blue, the peace bottle. The alchemy can only come about as the result of the development of peace, letting go with the outbreath. The way the breath moves through the body also has an effect on our level of awareness. The major organs of the body need a daily massage from the breath in the belly in order to remain oxygenated and to function optimally. The complementary of the blue is the orange, the restoration of the time line and the possibility for insight and bliss.

This is some of what Archangel Israfel offers through the gift of re-evaluation. As described in Mike's first thoughts:

This moment in time is critical for change, some of these changes might present worthy challenges and some may bring the potential for things to come together within a new order (of being). Israfel helps to call with our true voice, the voice

of our heart, through the star, to reach whichever Angel is there to work with us to greet the beloved.

Israfel is the awakening Archangel for the new time, to be available for those who have been sleeping, to awaken to the reality of what is asked of them, what they agreed to before entering into incarnation.

The real benefit of these energies comes about in the application of the **Equilibrium** contents. Shaking the combination together is the final stage in the energising process, bringing the ingredients together in the activated form that is specific for each person, making it very personal for those who use it. The potencies contained within the liquid in a latent form will only become activated upon shaking in relation to our highest good. In the 112 we find the energies of Lavender and Rose Geranium essential oils, Fire Opal, Sapphire, Chrysoprase, Lapis Lazuli, Rose Quartz, Kyanite and Clear Quartz crystal essences. A powerfully potent, transformational blend that can be applied around the upper body from the heart chakra to the hairline or anywhere you intuitively feel to supported by the greater guide that is within. To further support the process of using this bottle, we can look at the other pillars of the Aura-Soma system.

The Royal Blue **Pomander**, whose keynote is Infinite Possibilities, relates to the base fraction of B112 and its use will support the bio-energetic, electromagnetic field surrounding the physical body. This pomander contains the energies of Myrrh, Peppermint, Sapphire and Fire Opal. Myrrh is known to be purifying, restorative, uplifting and revitalising and has a history of use as an anointing oil.



The positive energies of the **Quintessence** of Lady Nada (Unconditional Love) or Maha Chohan (Inner Teacher) will be supportive to the astral fields. Lady Nada contains the energies of Rose Geranium, Sweet Orange, Pink Angelite, Rose Quartz and Watermelon Tourmaline. Maha Chohan helps us to get in touch with our Inner Teacher/Greater Guide and contains the energies of Ylang Ylang, Lavender, Bergamot, Turquoise and Chrysocolla.



As a **Colour Essence**, the complementary colours of Coral and Gold would support the energies of B112. In the Aura-Soma Colour Essence Brochure by Claudia Booth, the general effect of the Coral is described as Strengthening to the psyche, giving grateful recognition of the value of community. (Coral) helps us to feel our self worth. The effect of the Gold is described as Connectedness, being part of the greater whole...realising one's own inner worth.

The Raphael Archangeloi, deeply connected to Israfel through the Royal Blue in the base, encourages a soothing

(Mike Booth, ASIACT)

balm of peace which promotes a sense of wellbeing and wholeness .